



## Early Identification in Primary Care

**Cheshire West Carer Support Service** is the specialist support service for adult carers living in Cheshire West and Chester, it is a collaboration between seven voluntary sector organisations.

**Cheshire and Warrington Carers Trust** are the lead provider of information, support and advice services.

**Alzheimer's Society** provides support for carers of people with dementia.

**The Bren Project** works with local employers to raise awareness of carers in the workforce and encourage them to be 'carer friendly' employers.

**Making Space** provides support for carers of people with mental health issues and carers of people with a learning disability.

**Carers Trust 4all**, the **Neuromuscular Centre** and **Rural Community Services** provide specialist respite services enabling carers to take a break.

Delivered on behalf of



Cheshire and Warrington Carers Centre trading as Cheshire and Warrington Carers Trust is a Registered Charity, Number 1092606 and a Company Limited by Guarantee, Number 4172914. Registered Office 146 London Road, Northwich, Cheshire CW9 5HH.



## Cheshire West Carer Support



Specialist carer support	Carers Essentials Fund	Benefits support and advice	Access to respite services
Carers Emergency Card	<b>Are you looking after someone who couldn't manage without your help?</b>		Activities and events for carers
Information, advice and one-to-one support		Relaxation therapies	
Financial support towards a break	Training to support you in your caring role	Meet other carers and share experiences	Support for carers who are employed

Register with us as a carer and you can access our free information and support services. Simply complete the form overleaf and hand it to your GP surgery.

**Call: 0300 102 0008**

**Text: 07768 091220**

Mon-Fri 9am to 5pm

## Who is a carer?

A carer is anyone who cares unpaid for a friend or family member who due to illness, disability, a mental health condition or an addiction cannot cope without their support.



Caring for someone covers lots of different things, like picking up someone's prescriptions regularly, taking someone to regular appointments, or helping someone to wash, dress, or eat.

## Why is it important for my GP surgery to know I am a carer?

All GP surgeries in Cheshire West and Chester record the names of carers. This information helps your surgery to:

- Make sure you receive information about the help and support that is available
- Improve services for you as a carer
- Refer you for a 'Carers Needs Assessment' if you would like one

## Help and support your surgery may be able to give you:

- Access to a Carers Information Pack
- Refer you to Cheshire West Carers Support Service and other organisations which support carers and families
- Give you appointment times to fit in with your caring role
- A health check if caring for someone is affecting your health
- A flu jab

## Registration of Carer

I would like it recorded on my personal medical records (and where applicable of the person I care for) that I am a carer.

Name:.....

Address:.....

.....

Postcode:.....

Tel:.....

Date of Birth:.....

Are you currently in paid employment:.....

Ethnicity: .....

Email:.....

GP Surgery:.....

Relationship to person with care needs:.....

Date of birth of person with care needs:.....

Main health condition of person with care needs:.....

We need to ask for your permission to record your details. Your information will be stored and accessed by Cheshire and Warrington Carers Trust staff, paper copies of your data may also be stored securely. As this service is part funded by Cheshire West and Chester Council they ask us to provide some information for monitoring purposes.

### Please read each statement and tick as applicable

I give consent for my details to be passed to Cheshire and Warrington Carers Trust and for them to store my details on their system to provide information about their services.

I give consent for Cheshire and Warrington Carers Trust to share information for monitoring purposes with Cheshire West and Chester Council.

Signature:.....

Date: .....

You can withdraw your consent at any point by contacting us directly.